

From: [Varvara Zeldovich](#)
To: [E-OHPSCA2713.EBSA](#)
Subject: Comment on Interim Final Rules for Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services (Document ID HHS-OS-2010-0018-0001)
Date: Thursday, September 16, 2010 5:20:18 PM

Dear Secretary Sebelius,

I am writing to offer my support for the requirements that insurers cover preventive services without cost-sharing under the PPACA. Furthermore, I'd like to urge you to extend these rules to contraception options and services. Comprehensive contraceptive care is an essential preventive public health tool and should be treated as such under the law. I work at a women's community clinic in San Francisco, California where we provide free reproductive health services to uninsured and under-insured women. I have seen first-hand the positive effects preventive contraceptive care can have on a woman's life. We see women walk out of our clinic every day with confidence about their reproductive health and choices because we helped them choose and obtain the right contraceptive method for them. This type of prevention of unplanned pregnancies and other reproductive health problems should be easily accessible to everyone, and a priority for the new health care system.

Thank you for your time.
Sincerely,
Varvara Zeldovich